



“Acorns”

Peer Support Groups

For parents experiencing abusive behaviour from their child(ren)

Sometimes children’s behaviour can go beyond just being “difficult”

It’s not only partners who suffer domestic violence. Young people can be abusive and violent to parents too.

Parental abuse can leave you feeling embarrassed, ashamed, angry, isolated and terrified.

Do you struggle to establish and maintain appropriate and safe boundaries with your child?

The “Acorns” project aims to provide space for parents to talk about their experiences and support them towards making themselves and their families safer.

“Acorns” – is a series of weekly support groups run over six consecutive weeks.

Each session lasts for two hours. All six sessions should be attended and are limited to 8 people per group.

Evening, Daytime and Saturday groups available

Commencing October 2016.

These groups are for anyone who lives or works in Medway.

Prior registration is required. Appointments for registration are available on:

Tuesday 27th September between 4.00pm to 8.00pm and

Wednesday 28th September between 10.00am and 2.00pm

CONTACT US FOR FURTHER INFORMATION AND TO BOOK A PLACE

Call Sue or Judith on: 01634 730833 or

email: mediationsue@btopenworld.com